

Dance

Year long (Trimester Contained) 2022-2023

Grades 7+

Teachers: Carrie & Simeon Borsman

In this class students will learn and practice various types of dances. We will learn Country and square dancing , Swing, Waltz, Hustle, Foxtrot, and group dances. We will also be teaching some basics such as proper frame, posture, timing, steps etc..

week 1: Country dances

week 2: Country dances

week 3: Country dances

week 4: Swing, basics and timing

week 5: Swing

week 6: Waltz, intro and basic steps

week 7: Swing, & Waltz

week 8: Country dances

week 9: Dance!